Research for healthy food, people and places

OUR VISION is a world in which healthy food, beverages, and opportunities for physical activity are accessible, affordable, equitable and sustainable for everyone.

OUR GOAL is to achieve optimal nutrition and physical activity by improving federal nutrition programs and policies, food systems, and physical and social environments.

OUR MISSION is to conduct and translate policy-relevant research to transform environments for healthy children, families, and communities.

WE ACHIEVE OUR GOAL by leveraging our organizational strengths - nutrition and physical activity expertise, research design and evaluation skills, and policy development and community collaboration experience.



## **OBJECTIVE 1:** IMPROVE FEDERAL NUTRITION PROGRAMS AND POLICIES

NPI generates evidence to improve the Supplemental Nutrition Assistance Program Education (SNAP-Ed), SNAP, Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), school food programs, and the Child and Adult Care Food Program. Our work also informs national goals such as Healthy People 2020 and the Dietary Guidelines for Americans.



## **OBJECTIVE 2:** PURSUE STRUCTURAL CHANGES IN FOOD SYSTEMS

NPI conducts research to achieve equitable and effective access to healthy foods and beverages including water and the reduction of food waste throughout the food system (including fruit and vegetable distribution hubs, food banks and pantries, and food retail).



## **OBJECTIVE 3:** IMPROVE PHYSICAL AND SOCIAL ENVIRONMENTS

NPI leads research to inform policies and programs that promote population well-being and reduce inequities in health by ensuring access and support for healthy eating and physical activity across multiple settings.