How CalFresh Benefits

Del Norte County

5,014 COUNTY RESIDENTS RELY ON CALFRESH
to supplement meagre food budgets so their
families have enough to eat in order to work,
study & contribute to society.

$8 MILLION A YEAR IN DIRECT ECONOMIC IMPACT
More than $8 million a year is
pumped directly into the county’s
economy through the CalFresh program.

ADDITIONAL $6 MILLION A YEAR TO LOCAL BUSINESSES
An additional $6 million a year is generated by
CalFresh spending, helping farmers, grocers,
truckers, packing sheds & other businesses
in the county stay profitable and competitive.

$7 MILLION A YEAR IN HEALTH CARE SAVINGS
By helping families with food, CalFresh keeps them
healthy. CalFresh participants incur $1,400 less
in health care costs per year than non-participants,
saving taxpayers $7 million in our county.

HEALTHIER, MORE PRODUCTIVE ADULTS
Children who receive CalFresh benefits are likely to
do better in many ways as adults—securing
better jobs as a result of improved academic
performance and experiencing lower rates
of obesity, diabetes, and high blood pressure.

The Supplemental Nutrition Assistance Program, known
in California as CalFresh, is the nation’s most important
anti-hunger program. CalFresh provides critical support
to low-income families while strengthening the local economy.

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Any opinions, findings, conclusions, or recommendations expressed are those of the author and do not necessarily reflect the view or position of the University of California.
A full list of references is available at http://npi.ucanr.edu/CalFresh.