The Supplemental Nutrition Assistance Program, known in California as CalFresh, is the nation’s most important anti-hunger program. CalFresh provides critical support to low-income families while strengthening the local economy.

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Any opinions, findings, conclusions, or recommendations expressed are those of the author and do not necessarily reflect the view or position of the University of California.

A full list of references is available at http://npi.ucanr.edu/CalFresh.