How CalFresh Benefits

MENDOCINO COUNTY

11,351 COUNTY RESIDENTS RELY ON CALFRESH
to supplement meagre food budgets so their families have enough to eat in order to work, study & contribute to society.

$19 MILLION A YEAR IN DIRECT ECONOMIC IMPACT
More than $19 million a year is pumped directly into the county’s economy through the CalFresh program.

ADDITIONAL $15 MILLION A YEAR TO LOCAL BUSINESSES
An additional $15 million a year is generated by CalFresh spending, helping farmers, grocers, truckers, packing sheds & other businesses in the county stay profitable and competitive.

$16 MILLION A YEAR IN HEALTH CARE SAVINGS
By helping families with food, CalFresh keeps them healthy. CalFresh participants incur $1,400 less in health care costs per year than non-participants, saving taxpayers $16 million in our county.

HEALTHIER, MORE PRODUCTIVE ADULTS
Children who receive CalFresh benefits are likely to do better in many ways as adults—securing better jobs as a result of improved academic performance and experiencing lower rates of obesity, diabetes, and high blood pressure.

$34 MILLION A YEAR IN TOTAL ECONOMIC ACTIVITY

The Supplemental Nutrition Assistance Program, known in California as CalFresh, is the nation’s most important anti-hunger program. CalFresh provides critical support to low-income families while strengthening the local economy.

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Any opinions, findings, conclusions, or recommendations expressed are those of the author and do not necessarily reflect the view or position of the University of California.
A full list of references is available at http://npi.ucanr.edu/CalFresh.