The Supplemental Nutrition Assistance Program, known in California as CalFresh, is the nation’s most important anti-hunger program. CalFresh provides critical support to low-income families while strengthening the local economy.

**How CalFresh Benefits Riverside County**

- **249,634 County Residents Rely on CalFresh**
  - to supplement meagre food budgets so their families have enough to eat in order to work, study & contribute to society.

- **$396 Million a Year in Direct Economic Impact**
  - More than $396 million a year is pumped directly into the county’s economy through the CalFresh program.

- **Additional $317 Million a Year to Local Businesses**
  - An additional $317 million a year is generated by CalFresh spending, helping farmers, grocers, truckers, packing sheds & other businesses in the county stay profitable and competitive.

- **$349 Million a Year in Health Care Savings**
  - By helping families with food, CalFresh keeps them healthy. CalFresh participants incur $1,400 less in health care costs per year than non-participants, saving taxpayers $349 million in our county.

- **Healthier, More Productive Adults**
  - Children who receive CalFresh benefits are likely to do better in many ways as adults—securing better jobs as a result of improved academic performance and experiencing lower rates of obesity, diabetes, and high blood pressure.

- **$713 Million a Year in Total Economic Activity**

For more information: Kenneth Hecht • Nutrition Policy Institute, University of CA • (510) 409-6436 • kenhecht@ucanr.edu

Any opinions, findings, conclusions, or recommendations expressed are those of the author and do not necessarily reflect the view or position of the University of California.

A full list of references is available at http://npi.ucanr.edu/CalFresh.