How CalFresh Benefits

TRINITY COUNTY

1,673 COUNTY RESIDENTS RELY ON CALFRESH

to supplement meagre food budgets so their families have enough to eat in order to work, study & contribute to society.

$3 MILLION A YEAR IN DIRECT ECONOMIC IMPACT

More than $3 million a year is pumped directly into the county’s economy through the CalFresh program.

ADDITIONAL $2 MILLION A YEAR TO LOCAL BUSINESSES

An additional $2 million a year is generated by CalFresh spending, helping farmers, grocers, truckers, packing sheds & other businesses in the county stay profitable and competitive.

$2 MILLION A YEAR IN HEALTH CARE SAVINGS

By helping families with food, CalFresh keeps them healthy. CalFresh participants incur $1,400 less in health care costs per year than non-participants, saving taxpayers $2 million in our county.

HEALTHIER, MORE PRODUCTIVE ADULTS

Children who receive CalFresh benefits are likely to do better in many ways as adults—securing better jobs as a result of improved academic performance and experiencing lower rates of obesity, diabetes, and high blood pressure.

$5 MILLION A YEAR IN TOTAL ECONOMIC ACTIVITY

The Supplemental Nutrition Assistance Program, known in California as CalFresh, is the nation’s most important anti-hunger program. CalFresh provides critical support to low-income families while strengthening the local economy.