

# How CalFresh Benefits CALIFORNIA'S 21ST DISTRICT



## 1 IN 4 DISTRICT RESIDENTS RELY ON CALFRESH

to supplement meagre food budgets so their families have enough to eat in order to work, study & contribute to society.



## \$299 MILLION A YEAR IN DIRECT ECONOMIC IMPACT

More than \$299 million a year is pumped directly into the district's economy through the CalFresh program.

**\$535 MILLION  
A YEAR  
IN TOTAL  
ECONOMIC  
ACTIVITY**



## ADDITIONAL \$236 MILLION A YEAR TO LOCAL BUSINESSES

An additional \$236 million a year is generated by CalFresh spending, helping farmers, grocers, truckers, packing sheds & other businesses in the district stay profitable and competitive.



## \$256 MILLION A YEAR IN HEALTH CARE SAVINGS

By helping families with food, CalFresh keeps them healthy. CalFresh participants incur \$1,400 less in health care costs per year than non-participants, saving taxpayers \$256 million in our district.



## HEALTHIER, MORE PRODUCTIVE ADULTS

Children who receive CalFresh benefits are likely to do better in many ways as adults—securing better jobs as a result of improved academic performance and experiencing lower rates of obesity, diabetes, and high blood pressure.

The Supplemental Nutrition Assistance Program, known in California as CalFresh, is the nation's most important anti-hunger program. CalFresh provides critical support to low-income families while strengthening the local economy.



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Any opinions, findings, conclusions, or recommendations expressed are those of the author and do not necessarily reflect the view or position of the University of California.

A full list of references is available at <http://npi.ucanr.edu/CalFresh>.